



# HS Breakfast Menu January 2025



Vegetarian item

Skim & 1% Lowfat Milk available for every

6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Assorted Cereal Bowls	Assorted Cereal Bars & Yogurt	Yogurt & Granola Parfait Kit	Assorted Cereal Bars & Yogurt	Assorted Cereal Bowls
French Toast Sticks	Bagel w/ Cream Cheese	Maple Waffles	Turkey Sausage, Egg & Cheese Breakfast Sandwich	Grape Filled Crescent Roll
Apple Sauce	Banana	Orange Juice	Pear Cup	Fruit Salad Cup
Craisins	Diced Peach Cup	Fresh Apple	Mandarin Orange Cup	Fresh Pear
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Assorted Cereal Bowls	Assorted Cereal Bars & Yogurt	Yogurt & Granola Parfait Kit	Assorted Cereal Bars & Yogurt	Assorted Cereal Bowls
Strawberry Cream Cheese Mini Bagels	Sausage Pancake Stick	Caramel Mini Cinnis	Turkey Bacon, Egg & Cheese Breakfast Sandwich	Assorted WG Breakfast Breads
Apple Sauce	Banana	Orange Juice	Pear Cup	Fruit Salad Cup
Craisins	Diced Peach Cup	Fresh Apple	Mandarin Orange Cup	Fresh Pear
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
Assorted Cereal Bowls	Assorted Cereal Bars & Yogurt	Yogurt & Granola Parfait Kit	Assorted Cereal Bars & Yogurt	No Classes for Scholars
French Toast Sticks	Bagel w/ Cream Cheese	Maple Waffles	Turkey Sausage, Egg & Cheese Breakfast Sandwich	
Apple Sauce	Craisins	Orange Juice	Pear Cup	
Craisins	Diced Peach Cup	Fresh Apple	Mandarin Orange Cup	
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Assorted Cereal Bowls	Assorted Cereal Bars & Yogurt	Yogurt & Granola Parfait Kit	Assorted Cereal Bars & Yogurt	Assorted Cereal Bowls
Strawberry Cream Cheese Mini Bagels	Sausage Pancake Stick	Caramel Mini Cinnis	Turkey Bacon, Egg & Cheese Breakfast Sandwich	Assorted WG Breakfast Breads
Apple Sauce	Banana	Orange Juice	Pear Cup	Fruit Salad Cup
Craisins	Diced Peach Cup	Fresh Apple	Mandarin Orange Cup	Fresh Pear
3-Feb	4-Feb	5-Feb	6-Feb	7-Feb

While we will make every effort to serve the planned menu daily, supply chain are experiencing significant disruption due to labor and transportation challenges. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your children get the best possible meals to fuel their success in the classroom.



# HS Lunch Menu January 2025



Vegetarian item

Skim & 1% Lowfat Milk available for every meal

6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
BBQ Chicken Sandwich Tater Tots Seasoned Collards Fruit Punch Fresh Apple	Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Pear Cup	Chicken Philly Cheesesteak Sweet Potato Fries Seasoned Green Beans Fresh Pear Fruit Cup	Cheeseburger w/ Lettuce & Tomato Crispy French Fries Cole Slaw Banana Apple Sauce	Pepperoni Pizza Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Apple
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Teriyaki Beef Nuggets w/ Veggie Fried Rice Stir Fry Vegetables Candied Yams Fruit Punch Fresh Apple	Chicken Alfredo w/ Pasta Seasoned Broccoli Spinach Salad Orange Wedges Pear Cup	Chicken Tenders w/ Cornbread Muffin Sweet Potato Fries Cucumber & Tomato Cup Fresh Pear Fruit Cup	BBQ Rib Sandwich Crispy French Fries Baked Beans Banana Apple Sauce	Ranchero Pizza Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Apple
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
Chicken Wings w/ Corn Bread Muffin Celery Sticks w/ Ranch Cucumber & Tomato Cup Fruit Punch Fresh Apple	Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Pear Cup	Crispy Chicken Sandwich w/ Lettuce & Tomato Sweet Potato Fries WG Breaded Onion Rings Fresh Pear Fruit Cup	Chili Cheese Dog on WG Bun Crispy Fries Cole Slaw Banana Apple Sauce	No Classes for Scholars
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Chicken & Waffles Seasoned Collards Cucumber & Tomato Cup Fruit Punch Fresh Apple	Salisbury Steak w/ Biscuit Baked Beans Mashed Potatoes Orange Wedges Pear Cup	Chicken Drumstick w/ Corn Bread Muffin Seasoned Green Beans Sweet Potato Fries Fresh Pear Fruit Cup	Chicken Parmesan Sandwich w/ Marinara & Cheese Seasoned Broccoli Crispy French Fries Banana Apple Sauce	Mozzarella Sticks w/ Marinara Dipping Cup 🍷 Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Apple

While we will make every effort to serve the planned menu s. If substitutions are necessary we will use like or similar items whenever possible.



# Salad & Wrap Menu January 2025



Vegetarian item

Skim & 1% Lowfat Milk available for every meal

6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple	Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Old Bay Chicken Salad Wrap Bean & Corn Salsa Orange Wedges Fresh Pear	Chef Salad w/Crispy Chicken or White Bean Chili & Biscuit Crispy Chicken Wrap Parmesan Potatoes Fresh Pear Pineapple	Chef Salad w/ Turkey or Cheese & Pretzel Turkey & Cheese Wrap Celery Sticks w/Ranch Banana Apple Sauce	
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Chef Salad w/ Teriyaki Beef Nuggets or Veggie Nuggets & Biscuit Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple	Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Old Bay Chicken Salad Wrap Bean & Corn Salsa Orange Wedges Fresh Pear	Chef Salad w/Chicken Nuggets or Veggie Nuggets w/ Dinner Roll Chicken Nuggets Wrap Parmesan Potatoes Fresh Pear Fruit Cup	Chef Salad w/ Fajita Chicken or White Bean Chili & Pretzel Chicken Caesar Wrap Celery Sticks w/Ranch Banana Apple Sauce	
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple	Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Old Bay Chicken Salad Wrap Bean & Corn Salsa Orange Wedges Fresh Pear	Chef Salad w/Crispy Chicken or White Bean Chili & Biscuit Crispy Chicken Wrap Parmesan Potatoes Fresh Pear Pineapple	Chef Salad w/ Turkey or Cheese & Pretzel Turkey & Cheese Wrap Celery Sticks w/Ranch Banana Apple Sauce	
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Chef Salad w/ Teriyaki Beef Nuggets or Veggie Nuggets & Biscuit Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple	Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Old Bay Chicken Salad Wrap Bean & Corn Salsa Orange Wedges Fresh Pear	Chef Salad w/Chicken Nuggets or Veggie Nuggets w/ Dinner Roll Chicken Nuggets Wrap Parmesan Potatoes Fresh Pear Pineapple	Chef Salad w/ Fajita Chicken or White Bean Chili & Pretzel Chicken Caesar Wrap Celery Sticks w/Ranch Banana Apple Sauce	

While we will make every effort to serve the planned menu daily, supply chain or engineering significant disruption due to labor and transportation challenges. If substitutions are necessary, we will use the 1st order items, whenever possible. We appreciate your patience as we work with our vendors to ensure your children get the best possible meals to fuel their success in the classroom. In addition to the offerings listed above, Chef Salad, can offered daily.



## Supper Menu January 2025

6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Cheese Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk	Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Cup Skim or 1% Fat Milk	Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Punch Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Meatball Sub w/ BBQ Sauce Seasoned Collards Fruit Cup Skim or 1% Fat Milk	Chicken Nuggets w/ WG Dinner Roll Sweet Potato Fries Pineapple Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Fruit Punch Skim or 1% Fat Milk	Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
	Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Cup Skim or 1% Fat Milk	Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Punch Skim or 1% Fat Milk	No Classes for Scholars
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Meatball Sub w/ BBQ Sauce Seasoned Collards Fruit Cup Skim or 1% Fat Milk	Chicken Nuggets w/ WG Dinner Roll Sweet Potato Fries Pineapple Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Fruit Punch Skim or 1% Fat Milk	Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.