



# PreK Breakfast Menu March 2025



Vegetarian  
item

Skim & 1% Lowfat Milk available for every meal

3-Mar	4-Mar	5-Mar	6-Mar	7-Mar
Cereal Bars & Yogurt	Apple Frudel	Turkey Sausage Pancake Stick	French Toast Minis	WG Breakfast Bread
Apple Sauce	Banana	Mini Bagels Orange Juice	Orange Wedges	Fruit Salad Cup
10-Mar	11-Mar	12-Mar	13-Mar	14-Mar
Cereal & Yogurt	Cinni Minis	Beef Sausage Biscuit Sandwich	Cherry Frudel	WG Muffin
Apple Sauce	Banana	French Toast Minis Orange Juice	Orange Wedges	Fruit Salad Cup
17-Mar	18-Mar	19-Mar	20-Mar	21-Mar
Cereal & Yogurt	Strawberry Cream Cheese Mini Bagels	Sausage, Egg & Cheese Scrambler	Grape Filled Crescent Roll	Chocolate Chip Waffles
Apple Sauce	Banana	French Toast Minis Orange Juice	Orange Wedges	Fruit Salad Cup
24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
Cereal Bars & Yogurt	Apple Frudel	Turkey Sausage Pancake Stick	French Toast Minis	No Classes for Scholars
Apple Sauce	Banana	Mini Bagels Orange Juice	Orange Wedges	

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible.



# K - 8 Breakfast Menu March 2025



Vegetarian item

Skim & 1% Lowfat Milk available for every meal

3-Mar	4-Mar	5-Mar	6-Mar	7-Mar
Cereal Bars & Yogurt	Chicken Biscuit Sandwich	Turkey Sausage Pancake Stick	French Toast Minis	WG Breakfast Bread
Apple Sauce Craisins	Apple Frudel Banana Fresh Apple	Mini Bagels Orange Juice Fresh Peach	Apple Sauce Orange Wedges	Fruit Salad Cup Fresh Pear
10-Mar	11-Mar	12-Mar	13-Mar	14-Mar
Cereal & Yogurt	Cinni Minis	Beef Sausage Biscuit Sandwich	Cherry Frudel	WG Muffin
Apple Sauce Craisins	Banana Fresh Apple	French Toast Minis Orange Juice Fresh Peach	Apple Sauce Orange Wedges	Fruit Salad Cup Fresh Pear
17-Mar	18-Mar	19-Mar	20-Mar	21-Mar
Cereal & Yogurt	Strawberry Cream Cheese Mini Bagels	Sausage, Egg & Cheese Scrambler	Grape Filled Crescent Roll	Chocolate Chip Waffles
Apple Sauce Craisins	Banana Fresh Apple	French Toast Minis Orange Juice Fresh Peach	Apple Sauce Orange Wedges	Fruit Salad Cup Fresh Pear
24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
Cereal Bars & Yogurt	Apple Frudel	Turkey Sausage Pancake Stick	French Toast Minis	No Classes for Scholars
Apple Sauce Craisins	Banana Fresh Apple	Mini Bagels Orange Juice Fresh Peach	Apple Sauce Orange Wedges	

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible.



Friendship  
Public Charter School

# PreK Lunch Menu March 2025



Vegetarian  
item

Skim & 1% Lowfat Milk  
available for every meal

3-Mar	4-Mar	5-Mar	6-Mar	7-Mar
<b>BBQ Chicken Sandwich</b> Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Sweet Potato Fries Grape Juice	<b>Beef &amp; Cheese Tacos w/ Lettuce &amp; Tomato</b> Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges	<b>Chicken Philly Cheesesteak</b> Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll Celery Sticks Apple Sauce	<b>Cheeseburger w/ Lettuce &amp; Tomato</b> Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Banana	<b>Cheese Pizza</b> Baby Carrots w/ Ranch Pineapple
10-Mar	11-Mar	12-Mar	13-Mar	14-Mar
<b>Teriyaki Beef Dunkers w/ Veggie Fried Rice</b> Chef Salad w/ Teriyaki Beef Nuggets or Veggie Nuggets & Dinner Roll Seasoned Broccoli Grape Juice	<b>Grilled Cheese</b> Chef Taco Salad w/ Tortilla Rounds Emoticon Potatoes Orange Wedges	<b>Turkey &amp; Gravy w/ Dinner Roll</b> Chef Salad w/ Turkey & Cheese or Beans w/ Dinner Roll Mashed Potatoes Apple Sauce	<b>BBQ Rib Sandwich</b> Chef Salad w/ Cheese & WG Soft Pretzel Sweet Potato Fries Banana	<b>Cheese Pizza</b> Celery Sticks w/ Ranch Pineapple
17-Mar	18-Mar	19-Mar	20-Mar	21-Mar
<b>Chicken Nuggets</b> Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Cucumber & Tomato Cup Grape Juice	<b>Beef &amp; Cheese Tacos w/ Lettuce &amp; Tomato</b> Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges	<b>Crispy Chicken Sandwich w/ Lettuce &amp; Tomato</b> Chef Salad w/Crispy Chicken or White Bean Chili w/Dinner Roll Sweet Potato Fries Apple Sauce	<b>Hot Dog or Chili Cheese Dog on WG Bun</b> Chef Salad w/ Cheese & WG Soft Pretzel Crispy Fries Banana	<b>Pepperoni or Cheese Pizza</b> Baby Carrots w/ Ranch Pineapple
24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
<b>Chicken &amp; Waffles</b> Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll Seasoned Collards Grape Juice	<b>Cheesy Pull-Aparts</b> Chef Taco Salad w/ Tortilla Rounds Emoticon Potatoes Orange Wedges	<b>Chicken Drumstick w/ Corn Bread Muffin</b> Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin Seasoned Green Beans Apple Sauce	<b>Meatball Sub w/ BBQ</b> Chef Salad w/ Cheese & WG Soft Pretzel Cole Slaw Banana	<b>No Classes for Scholars</b>

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible.



# K - 8 Lunch Menu March 2025



Vegetarian  
item

Skim & 1% Lowfat Milk available for  
every meal

3-Mar	4-Mar	5-Mar	6-Mar	7-Mar
<b>BBQ Chicken Sandwich</b> Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Sweet Potato Fries Seasoned Collards Strawberries	<b>Beef &amp; Cheese Tacos w/ Lettuce &amp; Tomato</b> Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges	<b>Chicken Philly Cheesesteak</b> Chef Salad w/ Fajita Chicken Strips or White Bean Chili w/ Dinner Roll Celery Sticks Apple Sauce	<b>Cheeseburger w/ Lettuce &amp; Tomato</b> Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Banana	<b>Ranchero or Cheese Pizza</b> Baby Carrots w/ Ranch Spinach Salad Pineapple
10-Mar	11-Mar	12-Mar	13-Mar	14-Mar
<b>Teriyaki Beef Dunkers w/ Veggie Fried Rice</b> Chef Salad w/ Teriyaki Beef Nugget or Veggie Nuggets & Dinner Roll Seasoned Broccoli Strawberries	<b>Grilled Cheese</b> Chef Taco Salad w/ Tortilla Rounds Tomato Soup Tater Tots Orange Wedges	<b>Turkey &amp; Gravy w/ Dinner Roll</b> Chef Salad w/ Turkey & Cheese or Beans w/ Dinner Roll Mashed Potatoes Candied Carrots Apple Sauce	<b>BBQ Rib Sandwich</b> Chef Salad w/ Cheese & WG Soft Pretzel Sweet Potato Fries Baked Beans Banana	<b>Cheese Pizza</b> Celery Sticks w/ Ranch Caesar Salad Pineapple
17-Mar	18-Mar	19-Mar	20-Mar	21-Mar
<b>Chicken Nuggets</b> Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Cucumber & Tomato Cup Onion Rings Strawberries	<b>Beef &amp; Cheese Tacos w/ Lettuce &amp; Tomato</b> Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges	<b>Crispy Chicken Sandwich w/ Lettuce &amp; Tomato</b> Chef Salad w/ Crispy Chicken or White Bean Chili w/ Dinner Roll Sweet Potato Fries Apple Sauce	<b>Hot Dog or Chili Cheese Dog on WG Bun</b> Chef Salad w/ Cheese & WG Soft Pretzel Crispy Fries Baked Beans Banana	<b>Pepperoni or Cheese Pizza</b> Baby Carrots w/ Ranch Spinach Salad Pineapple
24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
<b>Chicken &amp; Waffles</b> Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll Seasoned Collards Sweet Potato Fries Strawberries	<b>Cheesy Pull-Aparts</b> Chef Taco Salad w/ Tortilla Rounds Tomato Soup Emoticon Potatoes Orange Wedges	<b>Chicken Drumstick w/ Corn Bread Muffin</b> Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin Seasoned Green Beans Mashed Potatoes Apple Sauce	<b>Meatball Sub w/ BBQ</b> Chef Salad w/ Cheese & WG Soft Pretzel Cole Slaw Baked Beans Banana	<b>No Classes for Scholars</b>

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible.



## Supper Menu March 2025

3-Mar	4-Mar	5-Mar	6-Mar	7-Mar
Cheese Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk	Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Cup Skim or 1% Fat Milk	Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Punch Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk
10-Mar	11-Mar	12-Mar	13-Mar	14-Mar
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Meatball Sub w/ BBQ Sauce Seasoned Collards Fruit Cup Skim or 1% Fat Milk	Chicken Nuggets w/ WG Dinner Roll Sweet Potato Fries Pineapple Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Fruit Punch Skim or 1% Fat Milk	Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk
17-Mar	18-Mar	19-Mar	20-Mar	21-Mar
Cheese Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk	Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Cup Skim or 1% Fat Milk	Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Punch Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk
24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Meatball Sub w/ BBQ Sauce Seasoned Collards Fruit Cup Skim or 1% Fat Milk	Chicken Nuggets w/ WG Dinner Roll Sweet Potato Fries Pineapple Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Fruit Punch Skim or 1% Fat Milk	No Classes for Scholars

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.